

# **EXPLORING CONSCIOUSNESS AND LESSONS FOR WESTERN SCIENCE**

By Dr. Claude Swanson  
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One of the remarkable aspects of the Out-of-Body Experience, or OBE, as described by Robert Monroe, is its seeming reality. In some of his experiences Monroe would travel through a “hole in the wall” and find himself in another world, similar to ours, but distinctly different. There was an interactive quality to these experiences, which left the strong impression that he was visiting another, quite real, dimension. As one visits the higher focus levels of the TMI system, again, one is left with the vivid impression that these dimensions are real, even though they differ in many ways from the familiar physical world of waking consciousness.

In my first book, *The Synchronized Universe*, I offer an explanation for this, which also helps explain other paranormal phenomena, which defy explanation by conventional Western physics. The Synchronized Universe Model, or SUM model, is based on an extension of Western physics, and leads to the very natural prediction of many parallel dimensions. We perceive one of these, to which our consciousness is synchronized. By shifting our conscious state, we can also shift our synchronization and “tune in” to these parallel realities. The model explains how instantaneous shamanic healing occurs, how ESP and remote viewing, as well as other “paranormal” phenomena may function, and how the astral and higher bodies can exist and function without physical matter. It also offers clues about how we may access these parallel dimensions, and how the techniques developed at TMI may interact with consciousness to make such experiences possible.

In the talk, we will review some of the experimental evidence for the Out of Body state and its characteristics, and compare it to other phenomena, which are related. The empirical evidence and the scientific model will be reviewed, which suggest how consciousness may be integrated into modern physics, and along the way help us begin to understand what may be the true nature of the soul. The experiences and training at The Monroe Institute play an important role in this research and this evolving understanding.

Claude Swanson, PhD, holds degrees in Physics from MIT and Princeton. While at Princeton he received a National Science Foundation Fellowship and a

Putnam Fellowship. After conducting postgraduate work at Princeton and Cornell Universities, Claude began work for Aeronautical Research Associates of Princeton, a consulting firm. He later formed his own consulting company, which carried out studies in applied physics for a number of commercial and governmental agencies.

For the last twenty years, interspersed with his conventional professional career in applied physics, Claude has pursued investigations into "unconventional physics." His principal interest has been unified field theory, the so-called "Theory of Everything" which could explain the universe at the deepest possible level. This has led him to investigate many aspects of the paranormal, which appear to be completely real phenomena that violate our present science. Paranormal phenomena, which have now been proven in the laboratory in many cases, offer a window into the deeper universe, the mysteries of consciousness, and unlock new forces and principles which conventional science has only begun to glimpse.

Claude has extensive experience in these areas, including personally conducting experiments and investigations to better understand how such paranormal phenomena can be incorporated into modern science, interviewing scientists in these fields, and research of the scientific literature. This research has involved underwater archaeology in Bimini, scientific measurements in haunted houses, training and experiments in remote viewing and psychokinesis, and testing of new devices, which can measure these strange forces. He has attended and presented his findings at a number of conferences.